







## Policy Symposium on NCD Prevention: Future directions for nutrition and physical activity policies to prevent NCDs across Europe

Tuesday 14<sup>th</sup>- Thursday 16th June 2022 Thon Hotel Brussels City Centre

# Future directions for nutrition and physical activity policies to prevent NCDs across Europe

Obesity is a chronic, relapsing, multifactorial disease, and the main risk factor for several other noncommunicable diseases (NCDs). The growing burden of NCDs is the leading cause of global mortality killing 41 million people each year. Successful policy actions to address physical inactivity, unhealthy diets and sedentary behaviours, key risk factors for NCDs can improve the health and wellbeing of populations and reduce premature mortality. The Joint Action (JA) Best-ReMaP, the H2020 projects CO-CREATE and STOP and the JPI-HDHL project PEN aim to contribute to understanding how to achieve successful policy implementation at different cultural, demographic, or socioeconomic levels.

The core element of this symposium is a plenary session that will take place on the 2nd day. The plenary will bring together policymakers and experts working in nutrition and physical activity, to present and discuss recommendations for optimal policy implementation to promote healthy diets, physical activity and reduce sedentary behaviour across Europe.

The plenary will be complemented with 14 sessions that are being organised across the 3 days, where project partners, stakeholders and invited experts will have discussions on youth involvement in policymaking, the systems approach, fiscal policies, public procurement, marketing and more.

This symposium is planned as a face-to-face event and will comply with government COVID-19 measures to protect the health and safety of delegates. All attendees are requested to obtain timely information on COVID-19 regulations for travelling to Brussels and prepare the appropriate supporting documentation.

For further information on the projects, visit their websites here:

JA Best-ReMaP - Joint Action on Reformulation, Marketing and Public Procurements

H2020 project CO-CREATE - Confronting Obesity: Co-creating policy with youth

JPI HDHL project <u>PEN</u> - Policy Evaluation Network - Public policies addressing health-related behaviours in Europe

H2020 project **<u>STOP</u>** - Science and Technology in childhood Obesity Policy

The four projects organising this event have received European funding as follows: CO-CREATE and STOP have received funding from the European Union's Horizon 2020 Research and Innovation Programme under the grant agreement No. 7744210 and No. 774548 respectively. JA Best-ReMaP has received funding from the European Union's Health Programme under the grant agreement No. 951202 and PEN has received funding from the Joint Programming Initiative "A Healthy Diet for a Healthy Life" (JPI HDHL).

View the agenda <u>here</u>.



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## **Event Venue Map**

Oslo I & II Room and Lobby- Ground Floor





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## **Event Venue Map**

Restaurant, Bergen Room and Lobby- Lower Ground Floor





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