

Policy Symposium on NCD Prevention:
**Future directions for nutrition and physical activity policies
to prevent NCDs across Europe**

Tuesday 14th- Thursday 16th June 2022

Thon Hotel Brussels City Centre, conference rooms Oslo I & II and Bergen

AGENDA

(Draft, 30/May/2022)

Day 1 · Tuesday 14th June

Time	Session details	
12:30 – 13:30	Arrival and registration – Lobby of room Oslo I & II	
13:30 – 14:15	<u>Opening plenary: Welcome and short presentation of the collaborating projects - Room Oslo I & II</u> <ul style="list-style-type: none"> • STOP - Science and Technology in childhood Obesity Policy • CO-CREATE - Confronting Obesity: Co-creating policy with youth • PEN - Policy Evaluation Network: Public policies addressing health-related behaviours in Europe • JA Best-ReMaP - Joint Action on Implementation of Validated Best Practices in Nutrition 	
14:15 – 16:00	<u>Parallel session 1 – Room Oslo I & II</u> Policy action to create healthy food environments: PEN and STOP Healthy Food Environment Policy Index dissemination symposium (PEN, STOP)	<u>Parallel session 2 – Room Bergen</u> You(th) matter – co-creating policies to prevent childhood obesity (CO-CREATE, STOP, JA Best-ReMaP)
16:00 – 16:30	Coffee/Tea Break	
16:30 – 18:00	<u>Parallel session 3 – Room Oslo I & II</u> (Continued) Policy action to create healthy food environments: PEN and STOP Healthy Food Environment Policy Index dissemination symposium (PEN, STOP)	<u>Parallel session 4 – Room Bergen</u> From maps to policies: a systems approach to diet, physical activity and obesity (CO-CREATE, PEN)

Day 2 · Wednesday 15th June

Time	Session details	
8:30 – 9:00	Arrival and registration	
9:00 – 10:30	<u>Parallel session 5 – Room Bergen</u> The development and implementation of the Physical Activity Environment Policy Index (PA-EPI) (PEN, STOP)	<u>Parallel session 6 – Room Oslo I & II</u> Expert workshop on harmonised pan-European surveillance for diet and physical activity behaviours (PEN, STOP)
10:30 – 11:00	Coffee/Tea Break	
11:00 – 12:30	<u>Parallel session 7 – Room Bergen</u> Fiscal incentives for diet improvement / The sugar tax as example (STOP, PEN)	<u>Parallel session 8 – Room Oslo I & II</u> (Continued) Expert workshop on harmonised pan-European surveillance for diet and physical activity behaviours (PEN, STOP)
12:30 – 13:30	Lunch break and poster exhibition	

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Time	Session details
13:30 – 15:00	<u>Plenary session – Room Oslo I & II (live-stream!)</u> Nutrition and physical activity policies - Benchmarking, best practice and potential Part I – Physical activity: Advances in physical activity/ sedentary behaviour policy research
14:40 – 15:00	Part II - Nutrition: Advances in food policy research
15:00 – 15:30	Coffee/Tea Break
15:30 – 16:10	(continued) Part II - Nutrition: Advances in food policy research
16:10 – 17:00	Panel views & discussion
17:00 – 18:00	Closing the day: gather together / Networking

Day 3 · Thursday 16th June

Time	Session details		
8:30 – 9:00	Arrival and registration		
9:00 – 10:30	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <u>Parallel session 9 – Room Oslo I & II</u> Economic analysis of policy measures targeting food environment and childhood obesity (JA Best-ReMaP, STOP) </td> <td style="width: 50%; vertical-align: top;"> <u>Parallel session 10 – Room Bergen</u> Policy implementation: frameworks, processes, and evaluation (PEN) </td> </tr> </table>	<u>Parallel session 9 – Room Oslo I & II</u> Economic analysis of policy measures targeting food environment and childhood obesity (JA Best-ReMaP, STOP)	<u>Parallel session 10 – Room Bergen</u> Policy implementation: frameworks, processes, and evaluation (PEN)
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10:30 – 11:00	Coffee/Tea Break		
11:00 – 12:30	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <u>Parallel session 11 – Room Oslo I & II</u> Social marketing and marketing regulation (STOP, JA Best-ReMaP) </td> <td style="width: 50%; vertical-align: top;"> <u>Parallel session 12 – Room Bergen</u> The exposome of childhood obesity: from evidence to public health policy (STOP, JA Best-ReMaP) </td> </tr> </table>	<u>Parallel session 11 – Room Oslo I & II</u> Social marketing and marketing regulation (STOP, JA Best-ReMaP)	<u>Parallel session 12 – Room Bergen</u> The exposome of childhood obesity: from evidence to public health policy (STOP, JA Best-ReMaP)
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12:30 – 13:30	Lunch break and poster exhibition		
13:30 – 15:00	<table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <u>Parallel session 13 – Room Oslo I & II</u> Quantifying and simulating the impact of policies (STOP, PEN, CO-CREATE) </td> <td style="width: 50%; vertical-align: top;"> <u>Parallel session 14 – Room Bergen</u> Public food procurements (JA Best-ReMaP) </td> </tr> </table>	<u>Parallel session 13 – Room Oslo I & II</u> Quantifying and simulating the impact of policies (STOP, PEN, CO-CREATE)	<u>Parallel session 14 – Room Bergen</u> Public food procurements (JA Best-ReMaP)
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15:00 – 15:15	Short break for gathering at the plenary room Oslo I & II for closing plenary		
15:15 – 16:00	<u>Closing plenary – Room Oslo I & II</u> <ul style="list-style-type: none"> • STOP policy briefs to support effective policy actions in nutrition and physical activity • Final statement: Recommendations and future directions for nutrition and physical activity policies in Europe 		



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Joint Action Best-ReMaP

[JA Best-ReMaP](#) brings together food authorities and other relevant stakeholders of the Member States. It is working with good practices in the areas of food reformulation, reducing food marketing to children and public procurement of healthy food in public settings. By adapting, replicating and implementing effective health interventions they would like to contribute to an increased offer of healthier food options available to children in EU markets. Building on this work, the JA is supporting implementation, transfer, and integration of the results, outcomes, and recommendations of the JA Best-ReMaP into national and EU-level policies.



H2020 project CO-CREATE – an experimental approach

Through a more experimental approach, [CO-CREATE](#) aims to investigate how policy changes can support healthy eating and a physically active lifestyle to halt the rise of adolescent obesity. By focusing on upstream factors and context change instead of on individual behaviour change, CO-CREATE hopes to generate sustainable impacts that contribute to narrowing inequalities. The project provides a model for how to involve young people and the range of relevant stakeholders by explicitly politicising the issue of obesity, providing specific obesity-related policy proposals, and designing and testing advocacy tools and strategies for implementation and evaluation.



JPI-HDHL project PEN – a policy-focused approach

[The Policy Evaluation Network's \(PEN\)](#) vision is to provide Europe with tools to identify, evaluate and benchmark policies designed to address physical inactivity, unhealthy diets, and sedentary behaviour while accounting directly or indirectly for existing health inequalities. PEN aims to deliver an overview of the 'best' public policies most likely to sustainably support more favourable health behaviours. PEN will assess public policies with potential influence on food and physical activity environments; foster a pan-European monitoring and surveillance system; model the impact of policies at the population level; evaluate policy implementation processes and their facilitators and barriers; and give recommendations for an equity and diversity perspective in policies directly or indirectly targeting dietary, physical activity or sedentary behaviours across Europe.



H2020 project STOP – a knowledge generation and translation approach

[The Science and Technology in childhood Obesity Policy \(STOP\) project](#) aims at expanding and consolidating the multi-disciplinary evidence base upon which effective and sustainable policies can be built to prevent and manage childhood obesity. Through a more traditional approach, the project aims to produce evidence that is relevant for policymakers and help them address the problem of childhood obesity. Specifically, the project focuses on the core idea that obesity has multiple and diverse characterisations, and therefore that one-size-fits-all policy approaches to childhood obesity are bound to fail, and the scientific component of the project is designed to recognise diversity and support the development of tailored solutions.